

NAVIGATOR

Ocean Drive on the road and around the globe



Wilcox Beach in East Hampton



THE HAMPTONS

Real Housewife of New York City Kelly Killoren Bensimon guides us through one spectacular day on Long Island's tony East End.

9:30 AM

Start your day in "East" (aka East Hampton) with a yummy score at **The Golden Pear Cafe** (34 Newtown Lane) and then hit **BookHampton** (41 Main St.) for a newspaper or something salacious to read later on the beach.

11 AM

While you're in town, visit **Blue & Cream** (60 The Circle) or **Ralph Lauren's Rugby** (32 Main St.) for a cute summer dress or two. If you can squeeze it in, jump a few miles west to **Wainscott** to pick up a bikini and sunglasses at **Tomas Maier** (411 Montauk Hwy.).

1 PM

Drop by **Cyril's Fish House** (2167 Montauk Hwy.) in Amagansett for a quick and authentically local lunch of steamed, grilled shrimp and crab cakes. Then check your mood and energy level. Opt to laze about at picturesque **Wilcox Beach** in East, or hit **Wainscott's Main Beach Surf + Sport** (352

Montauk Hwy.) for a surfing or stand-up paddleboarding lesson or kayak tour.

3 PM

Dry off and head to **Wülfiler Estate Stables** (41 Narvon Lane E.) in Sagaponack for some afternoon horseback riding. The stables have four riding rings (including one indoors), a dressage ring and natural jumps. If you've never mounted a horse, the staff offers lessons for novices—and it's always fun to wear riding pants, regardless.

5 PM

Clean up for dinner at the 138-year-old **White's East Hampton Chemists and Perfumers** (81 Main St.), which stocks great beauty brands such as **Bobbi Brown** and my favorite, **Kérastase**.



Montauk's The Surf Lodge

6 PM

For a glamorous dinner, head west to this summer's see-and-be-seen spot in Southampton, **Nobu at Capri**, in the Capri hotel (281 County Road 39A).

10 PM

To wind down the night, head way east to Montauk's **The Surf Lodge** (183 Edgewood St.) on Fort Pond. It's a laid-back, cozy, beachy place with driftwood, bookcases and picnic tables overlooking the pond, but it's serious about its mojitos and reggae. And when you're done, stumble upstairs to sleep in a subtly surf-themed room with a refined rustic vibe.

TRAVELER TIP SHEET



A fire at **Cheeca Lodge & Spa** in Islamorada more than two years ago sparked some brilliant renovations, possibly the loveliest (and one of the smallest) of which is the 12-seat **Nikai Sushi** restaurant. There's also a private second-floor sunning deck and lounge that offers spectacular views of the sunrise. The only better vista is from one of the lodge's open-air spa tubs, available with each oceanfront and premier island-view suite. cheeca.com—John Joseph Lin

Seasoned travelers know that a five-star hotel isn't the only way to experience an exotic locale in high style. When seclusion, space and out-of-towner autonomy are priorities, think outside the suite and opt for an amenity-stocked, multi-bedroom villa rental from **In Villas Veritas**. With properties in the most beautiful, private settings across Europe, the US and the Caribbean, IVV has perfected the art of this whispered-about option for the savvy, been-there-done-that sightseer set. in villas.com—John Heinz



Villa Casanova in Lake Como, Italy